



Welcome to Abaris Training in Reno, NV. We're excited that you will be joining us for a course soon. Here is some information to help you plan and budget your travel arrangements to our training facility. Abaris' Administrative Team is eager to assist. If you have any questions or concerns, please don't hesitate to call 775-827-6568 or email us at [admin@abaris.com](mailto:admin@abaris.com). We'll do our best to make your stay and training a memorable one.

### **COURSE LOCATION AND HOURS**

5401 Longley Lane Suite 49, Reno, NV 89511 [Click here to access Google Maps](#)

Monday: 8:30 am to 5:00 pm\* (1-hour Lunch Break in between)

Tuesday - Friday: 8:00 am to 5:00 pm\* (1-hour Lunch Break in between)

\*Note that some days may run later than 5:00 pm

***The office is open from 7:00 am to 5:00 pm Monday-Friday***

### **CLASSROOM & WORKSHOP ATTIRE**

You will be provided with all the necessary safety gear: shop coats, safety glasses, etc. required for each exercise. Casual clothing is recommended such as closed-toe shoes, sports shirt, and jeans for the week. These workshops involve hands on exercises, so dress comfortably. We also have Abaris shirts, hats and aprons for sale if you would like to purchase one to use during class.

***\*\*We have laptops for use during your course exercises, but we encourage you to bring your own.\*\****

Keep in mind the weather changes. Reno experiences very cold winters including lots of snow and rain. In the summer, the weather can reach 100 degrees or more. Don't be surprised if we have a rainstorm on a sunny day or the sun shining on a snowy day. You can review weather details [here](#) for the 5-day forecast.

***\*\*Bring your favorite Hawaiian shirt on Friday. We sport them every Friday all year long to celebrate our graduates at the end of the courses. \*\****

### **MEALS**

Meals are not included in the tuition. Monday thru Thursday, you will have a one-hour lunch break. We will provide an area map with restaurants we recommend which are within proximity to Abaris.

We do, however, offer coffee, tea and water all day with an assortment of small breakfast snacks in the morning.

## **ACCOMMODATIONS**

All accommodations we recommend have a corporate relationship with Abaris Training. We have a contact at each establishment. Click on the listed name to go to their website and learn more. Each of the hotels listed provide corporate discounts to our students. Please be sure to mention the corporate code to receive the appropriate discount or reserve directly with the links provided. Larger groups of 5 or more may call our contacts directly to receive even more discount savings. We've also listed how many miles away each location is from the training facility.

Having issues with reservations or need any assistance?  
Call the Abaris Administrative Team at 775-827-6568 for help.

## **Hotels**

### **Atlantis Casino Resort Spa 2.5 miles**

**3800 S. Virginia Street, Reno, NV 89502**

**Contact: Janel Walsh, Corporate Sales Manager**

**Phone: 775-954-4116**

**Email: [JWalsh@atlantiscasino.com](mailto:JWalsh@atlantiscasino.com)**

**Reservation Line: (888) 805-4610 **Ask for Corporate Connection and mention ABARIS****

**Or [Click here to reserve online](#)**

Complimentary airport shuttle, Wired High-speed Internet, Complimentary Standard Wi-Fi (property-wide), Premium Hotel Wi-Fi (for hotel guests), 42" flat screen HDTV with over 45 HD channels and easy multi-media connectivity, iHome® clock radio with iPod® docking station, Non-smoking, Digital safe, Data ports and speakerphone, Complimentary access to indoor atrium pool, outdoor pool and whirlpool spa, Cardio Theater and Fitness Center and 24-hour room service. You'll also receive the Corporate Connection discount coupons upon check-in to use at various restaurants inside the Atlantis.

### **Courtyard by Marriott 2.9 miles**

**6855 S. Virginia St., Reno, NV 89511**

**Contact: Kryssly Garcia, Director of Sales**

**Phone: 775-501-6206**

**Email: [Krysslyn.Garcia@aimhosp.com](mailto:Krysslyn.Garcia@aimhosp.com)**

The rooms are warm and inviting and equipped for convenience. There's a refrigerator and coffeemaker to help you feel at home. Complimentary sanitizing wipes are available in every room in case you need an on-the-go pack. In King rooms, a twin sofa sleeper is available for use. They have electrical outlets and complimentary high-speed internet. There is a pool and fitness center available to all guests, and there's also a full restaurant, a 24-hour market, and an amazon pickup box.

### **Hilton Garden Inn 2.9 miles**

**9920 Double R Blvd, Reno NV 89521**

**Contact: Stu Wexler, Director of Sales or**

**Jenny Schloss, Sales Administrator**

**Phone: 775-412-4355**

**Email: [Stuart.Wexler@Hilton.com](mailto:Stuart.Wexler@Hilton.com) or [Jenny.Schloss@Hilton.com](mailto:Jenny.Schloss@Hilton.com)**

[Click here to book your reservation](#)

The rooms are warm and inviting and equipped for convenience. There's a microwave, refrigerator and coffeemaker with complimentary coffee to help you feel at home. A king size bed or two queen beds along with a comfortable, ergonomic chair, telephones with data port and voicemail. They have electrical outlets and complimentary high-speed internet. There's also a full restaurant in the hotel. Shuttle service is available upon request.

### **[Peppermill Resort Casino](#) 3.9 miles**

**1707 S Virginia Street, Reno, NV 89502**

**Contact: Eva Werschky, Private Line Manager**

***\*To make your reservation, please contact by phone or email and mention ABARIS Training. \****

#### **Room Reservations:**

Tabetha Lu

[tlu@peppermillreno.com](mailto:tlu@peppermillreno.com)

775-689-7113

Kendra Mack

[Kmack@peppermillreno.com](mailto:Kmack@peppermillreno.com)

775-689-7319

Room Features: Connecting hotel rooms are available, ADA Accessible, Writing desk, Iron/Board, Video checkout, 24-hour room service, In-room safe, Refrigerator, Keurig Coffee Machines with choice of regular and decaf coffee, Entertainment-42" wall mounted LCD high-def television, Alarm clock with USB ports and power outlet. They also have Spa & Salon Toscana featuring 24 treatment rooms, Northern Nevada's only Caldarium with indoor pool, sun deck and full-service salon.

### **[Whitney Peak Hotel](#) 6.7 miles**

**255 N. Virginia Street, Reno, NV 89501**

**Contact: Jim Kruder**

**Phone: 775-219-0476**

**Email: [Jkruder@whitneypeakhotel.com](mailto:Jkruder@whitneypeakhotel.com)**

[Click here to book your reservation](#)

Whitney Peak is Reno's first and only non-gaming, non-smoking, independent hotel located at the Historic Reno Arch. It has a full-service restaurant and bar. They have yoga classes, bouldering and a fitness center available at their Basecamp Climbing Gym which is home to the World's Tallest Climbing Wall. It's also two blocks from the Truckee River Walk. Their accommodations come with either two double queen beds or one King size bed, 40" HD flat-panel Samsung TVs, a sitting area, working desk and

complimentary high-speed wireless internet. They also have robes and slippers waiting for you in your room when you arrive. Are you a government employee and want to use the GSA per diem rate? Call Mr. Andy directly. He'll set you up and honor the per diem rate for all federal government employees.

## **Extended Stays**

Whether you're training for one week or more, why not think about extended stay? Each of the locations listed have their own unique "feel at home" auras. Search each location and find out where your home away from home may be, here in Reno, NV.

### **Stay with CHC Closest Location, Horizons at South Meadows is 1.6 miles**

**Contact: Brenda O'Sullivan, VP of Sales**

**Phone: 775-856-9817 Cell: 775-856-9817**

**Email: [bosullivan@staywithchc.com](mailto:bosullivan@staywithchc.com)**

***\*To make a reservation call Brenda or complete the info request form online on their website. \****

It's all the comfort of being at home. Our favorite perk is each residence has a washer and dryer inside. Check out the website for all the different properties within the Reno Area. The closest property to Abaris Training is the Horizons at South Meadows. If you need a larger space, want to be closer to the hiking trails or in the downtown area, check out the website to see which property best fits your needs. Need advice? Brenda can help you select the right spot for you. Other helpful options they may be able to provide are transportation, working within your budget and if you wish to extend your stay, all you need to do is ask. Brenda is always available to assist. She also has experience working with international students and will call you to personalize your stay.

### **Aloft Reno-Tahoe International Airport 3.4 miles**

**2015 Terminal Way, Reno, NV 89502**

**Contact: Krysslyn Garcia, Director of Sales**

**Phone: 775-501-6206**

**Email: [krysslyn.garcia@marriott.com](mailto:krysslyn.garcia@marriott.com)**

**[Click here to book your reservation](#)**

Aloft Hotels, part of Marriott International, Inc is designed for the forward thinker who moves to their own rhythm. Where style meets function and open spaces inspire. Eclectic design sets the backdrop for a vibrant social scene. This is where travel creates possibilities. Mix & Mingle at the Aloft Reno and our talent is ready to ensure that the vibe of your stay is everything that you expect and more. Aloft Reno offers 164 Brand New guest rooms and is located in central Reno directly across the street from the Reno-Tahoe International Airport and is just minutes away from Midtown and Downtown. Aloft Hotels caters to today's modern traveler who craves jet-setting style and a vibrant social scene. Urban-inspired

design, accessible technology and innovative programming make the Aloft unique. Hotel features include Wxyz bar, Re:mix lounge, Re:fuel 24 hour Grab and Go, Re:charge gym, complimentary airport shuttle, self-parking and WI-FI.

Notes: Book @ per diem + \$10 Food and Beverage credit per stay

### **Transportation**

Abaris is close to downtown and all our recommended hotels. Enterprise rent-a-car is inside the airport for your convenience. If you prefer not to drive, we recommend Whittlesea Taxi. They have experience chauffeuring our students. City bus is available but not recommended. The bus station is not close to our facility. Wait times and travel times vary upon time of day.

### **Rental Car**

Enterprise Rent-a-car/National

Reservation Line: (800) 736-8222

Use Contract ID: XZ54299

Or [Click here to reserve online](#)

### **Taxi**

Whittlesea Taxi

(775) 322-2222

### **TOURISM**

There are many things to do in town while you're here before you attend class, after class in the evenings or if you extend your stay and have free time on the weekend. You can visit the RenoTahoe tourist information site for things to do and travel tips <https://www.visitrenotahoe.com/plan-your-trip/tourist-information/>. We also have many brochures and maps in our break room area for you to take to help plan your fun in the evening or on the weekend.