# Welcome to ABARIS • RENO

Information to help you plan your travels!

**Casual clothing** for your comfort, with tennis shoes, t-shirt (long sleeve if you are sensitive to materials), and long pants recomended for the week.The workshops involve hands on exercises.

**Weather** changes are expected, prepare for cold weather, especially in the evenings.

We will provide you with all the necessary shop coats, **safety gear**, safety glasses, etc., required for the workshop.

#### Flannel Friday (Fall/Winter) Aloha Friday (Spring/Summer)

#### Bring your favorite flannel or Hawaiian shirt to wear on Friday!

P.S. We collect company stickers,magnets, etc for display, so if you have one that highlights your company, we will be happy to display it!



#### TRAINING CENTER Located at:

5401 Longley Lane Suite 49 Reno NV 89511 Ph: +1 (775)827-6568 <u>www.abaris.com</u> <u>admin@abaris.com</u> <u>Office Hours:</u> Monday - Friday **Class Hours:** 

Monday-Thursday: 8:30am – 5:00pm Friday: 8:30 am – 3:00 pm



7:00am - 5:00pm

# **HOTEL & RENTAL CAR INFORMATION**

#### Sonesta ES Suites 2.2 miles

9845 Gateway Dr, Reno, NV 89521 Contact: Jennifer Nichols, Director of Sales Phone: 775-853-8800

Email: jennifer.nichols@sonesta.com

Hotel Information: The Sonesta is like a home away from home, with its warm and inviting rooms and atmosphere. The Sonesta offers complimentary Breakfast, Wi-Fi, Microwave, Refrigerator, Kitchen, Pool, 24 Hour Fitness Center, Outdoor Basketball and Tennis Court, Laundry Facilities, Outdoor Picnic Area with Barbecue grill, Accessible, Non-Smoking Facility.

Click Here to Book Your Reservation:

Abaris Training Booking Link

# Aloft Reno-Tahoe International

#### Airport 3.4 miles

2015 Terminal Way, Reno NV 89502 Contact: Amy Green, Director of Sales Phone: 775-501-6330 Ext. 2 Email: amy.green@marriott.com Hotel Information: Aloft Hotels, part of Marriott International Inc is designed for the forward thinker of who moves to their own rhythm. Where style meets function and open spaces inspire. 164 Brand new rooms and is located in central Reno directly across from the Reno-Tahoe International airport. Hotel features include a bar, remix lounge, refuel 24 hour grab and go, fitness gym, complimentary shuttle to the airport, self parking and Wi-Fi

Click Here to Book Your Reservation:

Book your corporate rate for Abaris Training

### Courtyard by Marriott 2.9 miles

<u>S. Virginia St, Reno NV 89511</u> Contact: Ashley Soria, Director of Sales Phone: 775-501-6206 Email: asoria@courtyardreno.com

Hotel Information: The rooms are warm, inviting, and equipped for convenience. In room refrigerator and coffee maker to help you feel at home. Complimentary high speed Internet and an UpLift Fitness Hub with 1,400 square feet for 2 Peloton bikes, TRX and Technogym equipment with 24 hour access for guests to make it feel like a vacation! There is also a full restaurant, 24 hour market and an amazon pickup locker.

# When Booking Your Reservation Use the Promo Code: <u>V7S</u>

### Hilton Garden Inn 2.9 miles

9920 Double R Blvd, Reno NV 89521 Shuttle service is available upon request. Contact: Erica Fink, Director of Sales Phone: 775-412-4360 Email: erica.fink@hilton.com

Hotel Information: The rooms are warm and inviting and equipped for convenience. There's a microwave, refrigerator and coffeemaker with complimentary coffee to help you feel at home. A king size bed or two queen beds along with a comfortable ergonomic chair, telephones with data port and voicemail. They have electrical outlets and complimentary high-speed internet. There's also a full restaurant in the hotel.

#### Click Here to Book Your Reservation:

Abaris Training Booking Link

### Vacation Rental Home Barefoot Inn 9.2 Miles

(Close to downtown Reno) Phone: (775) 225-2739 Email: BarefootInnReno@outlook.com 3 Bed/2.5 Bath

Reservation Information: Mention ABARIS Training for discounted weekly rates!

**Reno is ready for you!** This unique and fun home provides all the amenities for the perfect place that is sure to leave you feeling like returning for longer stays! This spacious, modern home has 3 bedrooms upstairs with a deck off the master bedroom overlooking the serene backyard and pool.

This home provides a great atmosphere for staying at home and cooking in our clean and fully functional kitchen that includes a coffee maker, microwave and toaster oven; and has the convenience of having two and a half bathrooms. We have plenty of inside activities, from games to yoga, in the pool room.

Don't want to stay home? No worries, we will have plenty of suggestions for things to do around town with all the current events and festivities happening right here in Reno and surrounding Lake Tahoe and Sierras!

# HOTEL & RENTAL CAR INFORMATION

#### Peppermill Resort Casino 3.9 miles

<u>1707 S Virginia Street, Reno, NV 89502</u> **Contact:** Eva Werschky, Private Line Manager
\*To make your reservation, please contact Ms. Eva by phone or email and mention ABARIS Training. **Phone:** 775-689-7291 **Email:** ewerschky@peppermillreno.com **Hotel Information**: Connecting hotel rooms are available, ADA
Accessible, Writing desk, Iron/Board, Video checkout, 24-hour room service, In-room safe, Refrigerator, Keurig Coffee
Machines with choice of regular and decaf coffee,
Entertainment-42" wall mounted LCD high-def television, Alarm clock with USB ports and power outlet. They also have Spa &

Salon Toscana featuring 24 treatment rooms, Northern Nevada's only Caldarium with indoor pool, sun deck and fullservice salon.

#### **RENTAL CARS**





Enterprise / National:

- +1 (800) 736-8222 +1 (775) 329-3773!
- Contract ID: XZ54299

Don't forget to mention you are training at ABARIS to receive the corporate rate. We have Corporate Rates at most area hotels.



#### Atlantis Casino Resort Spa 2.5 miles

3800 S. Virginia Street, Reno, NV 89502

**Contact:** Christine Openshaw, Business Development Manager **Phone:** 775-335-4515

Email: COpenshaw@atlantiscasino.com

Hotel Information: Complimentary airport shuttle, Wired Highspeed Internet, Complimentary Standard Wi-Fi (property-wide), Premium Hotel Wi-Fi (for hotel guests), 42" flat screen HDTV with over 45 HD channels and easy multi-media connectivity, iHome<sup>®</sup> clock radio with iPod<sup>®</sup> docking station, Non-smoking, Digital safe, Data ports and speakerphone, Complimentary access to indoor atrium pool, outdoor pool and whirlpool spa, Cardio Theater and Fitness Center and 24-hour room service. You'll also receive the Corporate Connection discount coupons upon check-in to use at various restaurants inside the Atlantis.

#### Click to Book Your Reservation:

Abaris Training Booking Link

# Grand Sierra Resort Casino 3.6 miles

2500 E Second Street, Reno, NV 89595

**Contact:** Zach Edmonds, Corporate Sales Manager or Braeden Traficanti, Corporate Sales Coordinator

Phone: 775-789-2307 or 775-789-2094 Email: Zach.Edmonds@GrandSierraResort.com Hotel Information: The Grand Sierra Resort Casino offers as complimentary airport shuttle, High Speed Wi-Fi, Fitness Center, and Year-Round Pool, Mobile Check-In Available, Non-Smoking Rooms available, Room Service, Laundry, and Dry-Cleaning Facilities. They also offer an array of Restaurants and Entertainment area such as; Movie Theater's, Golf, a Grand Theatre for live performances, Arcade, VR Gaming Facility and other Immersive Gaming Facilities.

## Accommodations

All accommodations we recommend have a corporate relationship with Abaris Training. We have a contact at each establishment. Each hotel listed provide a corporate code, please be sure to mention the corporate code at the time of booking.

Larger groups should contact the hotel directly for even bigger savings.

# **Classroom & Workshop Attire**

You will be provided will all the necessary safety gear: shop coats, safety glasses, etc. required for each exercise. Casual clothing is recommended such as closed - toe shoes, sport shirt (long sleeve if you are sensitive to materials such as carbon fiber), and long pants for the week.

These workshops involvle hands on exercises, so dress comfortably. We also have Abaris t-shirts, short sleeve and long sleeve and aprons available for purchase.

The weather can change rapidly , be prepared for extreme lows and highs during each season. You may check the weather HERE for the 5 day forecast.

Bring your favorite hawaiian shirt or flannel, depending on the season to wear on Friday to celebrate graduation.

### Meals

Meals are not included in the tuition. Monday through Thursday, you will have a one hour lunch break. We will provide an area map with restaurants we recommend within proximity to Abaris.

We provide Black Rifle coffee, tea and water with an assortment of small breakfast snacks in the morning.